

### Confidential Case History

Name:		Chart #:
Date of Birth: _____ / _____ / _____ (Day/Month/Year)		
Address:		
City & Province:		Postal Code:
Home Phone:	Cell Phone:	
Occupation:	Email:	

Reason for Massage: Relaxation \_\_\_\_\_ Specific Discomfort \_\_\_\_\_

Please list any current medications: (including Aspirin, Ibuprofen, etc.)

Please list any surgeries you have had: (Type/Date)

Please mark an X for all conditions that apply:

- |  |   |
|--|---|
| <input type="checkbox"/> Headaches                                   | <input type="checkbox"/> Jaw pain, TMJ problems           |
| <input type="checkbox"/> Back Pain                                   | <input type="checkbox"/> Muscle or Joint Pain             |
| <input type="checkbox"/> Neck Pain                                   | <input type="checkbox"/> Numbness/Tingling                |
| <input type="checkbox"/> Chronic Pain                                | <input type="checkbox"/> Sprain or Strain                 |
| <input type="checkbox"/> Hearing Problems                            | <input type="checkbox"/> Arthritis, Tendonitis            |
| <input type="checkbox"/> Sinus Problems                              | <input type="checkbox"/> Spinal Column Disorders          |
| <input type="checkbox"/> Asthma or Lung Conditions                   | <input type="checkbox"/> Osteoporosis                     |
| <input type="checkbox"/> Abdominal or Digestive Problems             | <input type="checkbox"/> Diabetes                         |
| <input type="checkbox"/> Constipation or Diarrhea                    | <input type="checkbox"/> Hernia                           |
| <input type="checkbox"/> Heart/Circulatory Problems                  | <input type="checkbox"/> High or Low Blood Pressure       |
| <input type="checkbox"/> Varicose Veins                              | <input type="checkbox"/> Blood Clots/Thrombosis/Phlebitis |
| <input type="checkbox"/> Fibromyalgia                                | <input type="checkbox"/> Fatigue                          |
| <input type="checkbox"/> Tension or Stress                           | <input type="checkbox"/> Sleep Difficulties               |
| <input type="checkbox"/> Depression                                  | <input type="checkbox"/> Cancer/Tumours                   |
| <input type="checkbox"/> Neurological Disorder                       | <input type="checkbox"/> Epilepsy                         |
| <input type="checkbox"/> Infectious Disease                          | <input type="checkbox"/> Rash                             |
| <input type="checkbox"/> Pregnancy (number of weeks _____)           | <input type="checkbox"/> Other Conditions not Listed      |
| <input type="checkbox"/> Allergies/Sensitivities (please list) _____ |   |

Do you have any of the following: pins/plates/wires/artificial joints/pacemaker? (please describe)

I certify that the information I have given is true and complete, and understand it is my responsibility to provide my therapist with any updates regarding the condition of my health. I understand the massage therapist does not diagnose illness, disease, or other physical or mental disorders. For medical diagnosis, it is recommended that I see a physician.

**I understand that 24 hours notice is required for cancellation of appointments. If sufficient notice is not given, or an appointment is missed, the full treatment fee will be charged.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_